



lesthermesdukarite@palmbeach.sn  
hotel@palmbeach.sn

Saly portudal, BP 64, Mbour, Senegal

Spa : (+221) 33 939 59 99  
Hotel : (+221) 33 939 59 90

[www.palmbeach.sn](http://www.palmbeach.sn)

  @lesthermesdukarite



BROCHURE  
SPA

« LES THERMES DU KARITÉ »



PALM BEACH

RESORT & SPA





# ABOUT THE SPA

Welcome to our SPA Center, where exclusive well-being meets relaxed comfort and the warmth of authentic hospitality.

Palm Beach Spa & Resort offers you a unique and authentic experience when it comes to the spa part of your stay in the hotel. From massage to Hammam or Sauna, depending on your choice.

Discover the intimate and warm universe of our spa, for a unique experience of care, well-being and letting go. Depending on your needs, enjoy an à la carte relaxation and beauty experience: massages with essential oils, scrubs, shea butter wraps, hammam and jacuzzi. We also take care of your face with many options available in order to offer you the best treatments so that your face lights up while showing its hidden potential. Located within the hotel, near the SPA, the Palms Beauty hair salon offers a refined atmosphere for a complete makeover: cut, colour.

*Take advantage of your stay to take care of yourself.*

# LES THERMES DU KARITÉ

The Hotel offers you a space dedicated to well-being, beauty and relaxation. Several spaces are available to you, according to your wishes, in terms of care. Our fitness center is open every day, from 8 a.m. to 8 p.m.

Let our attentive team guide you through several formulas made for your well-being. Our care team consists of a manager, beauticians, masseuses, exfoliation practitioners and hairdressers.

The space offers a rest area, a water fountain and a herbal tea room. From the beginning of the treatment, for your comfort, you will be given a bathrobe, a pair of sandals and a towel.

## FACILITIES :

3 individual cabins

2 Duo cabins

1 outside cabin

1 treatment room

2 scrub cabins

2 Hammams

2 saunas

1 Jacuzzi

1 relaxation deck (view facing the sea)

THE SPA IS OPEN  
EVERY DAY FROM  
8 A.M. TO 8 P.M.





**PALM BEACH**  
RESORT & SPA ★ ★ ★ ★

## THE SPA EXPERIENCE

Palm Beach Spa & Resort offers you a unique and authentic experience when it comes to the spa part of your stay in the hotel. Discover the thermal baths of shea butter, our spa, a real beauty setting for a unique experience of care, well-being and letting go.

Because your body is a reflection of your soul, we offer you an à la carte experience of relaxation and beauty: massages with shea butter, essential oils, scrubs, wraps, hydration, African treatments, balancing, anti-aging, hammam, sauna and jacuzzi through the beauty of the feet and hands, nail styling, facial care and the radiance of the eyes.

We have brought together in our spa the different beauty centers of the skin and the hair with products combining innovation, quality, organic and respect for your body in order to provide you with an experience that always meets your expectations.

In a refined and soothing place by the sea, we take care to offer you tailor-made know-how adapted to your needs because each of us is unique.

For more information, contact the fitness center team directly by dialing 2012 from your room.





## THE MODELAGES

With MODELAGES, you have relaxing massages, relaxations and other treatments.

## WAXING

We offer half leg or full leg hair removal with different packages.

## FACIAL CARE

Moisturizing, purifying, plumping or light treatments, you have a multitude of options.

## BEAUTY OF FEET AND HANDS

We take care of your hands and feet with our Manicure and Pedicure services

## WET CARE

Enjoy our Hammam, Sauna and Jacuzzi with our wet services with several options.

## HAIR CARE

Hair care and styling for men, women and children are available.

## THE MODELAGES

	<i>The Relaxing Beach</i> (60 minutes) 30,000 CFA	<i>Relaxation massage</i> (25 minutes) 15,000 CFA	<i>Hydra relaxation massage</i> with baobab oil 25,000 CFA	<i>Duo massage</i> (50 minutes) 45,000 CFA	<i>African traditional massage</i> (60 minutes) 35,000 CFA
	40,000 CFA <i>The tonic Beach</i> (70 minutes)	25,000 CFA <i>Massage detente</i> (50 minutes)	40,000 CFA <i>4 hands relaxing massage</i> (50 minutes)	35,000 CFA <i>Hot stone massage</i> (60 minutes)	50,000 CFA <i>Hakuna matata cure stress rice bag massage</i> (60 minutes)
<b>EXTRA :</b>	<i>Skull face (10 minutes)</i> 10,000 CFA	<i>De-stressing legs (20 minutes)</i> 15,000 CFA	<i>Relaxes back (20 minutes)</i> 15,000 CFA		
<b>CARES :</b>	<i>Heavy legs treatment (60 minutes)</i> 25,000 CFA	<i>Back care (60 minutes)</i> 25,000 CFA	<i>Tired eye care</i> 15,000 CFA	<i>Foot reflexology (20 minutes)</i> 15,000 CFA	<i>After sun care</i> 25,000 CFA

## FACIAL CARE

	<i>Flash facial</i> 15,000 CFA	<i>Moisturizer</i> 25,000 CFA	<i>Purifying treatment</i> 30,000 CFA	<i>Plumping treatment</i> 30,000 CFA	<i>Soin lumière</i> 35,000 CFA	<i>Microneedling</i> 50,000 CFA
	20,000 CFA <i>Classic facial treatment</i>	25,000 CFA <i>Soothing treatment</i>	30,000 CFA <i>Lightening treatment</i>	35,000 CFA <i>Peeling treatment with fruit acids</i>	40,000 CFA <i>Deep caviar facial treatment, new skin</i>	

## GLOW OF THE GAZE :

<i>Eye contour care</i> 15,000 CFA	<i>Eyelash tinting</i> 7,000 CFA	<i>Eyebrow tinting</i> 7,000 CFA	<i>Henna Brown</i> 20,000 CFA	<i>Eyelash lift</i> 25,000 CFA
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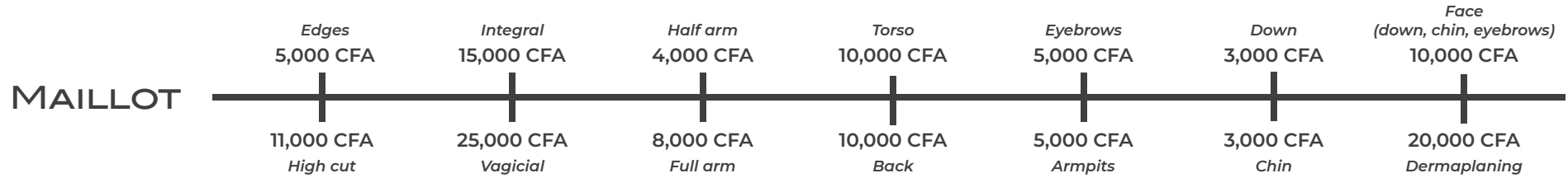
## EYELASH EXTENSION :

<i>Classic laying</i> 20,000 CFA	<i>Lash to lash technique</i> 25,000 CFA	<i>Filling</i> 12,000 CFA	<i>Russian volume</i> 35.000Fcfa
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# HAIR REMOVAL:

Half leg :  
7,000 CFA

Whole legs :  
12,000 CFA



## WAXING PACKAGE :

Half legs + maillots edges + armpits  
15,000 CFA

Half legs + high cut maillots + armpits  
20,000 CFA

Half legs + full maillots + armpits  
25,000 CFA

Full legs + maillots edges + armpits  
20,000 CFA

Full legs + high cut maillots line + armpits  
25,000 CFA

Full legs + full maillots + armpits  
25,000 CFA

## THE WET ONES

Hammam + exfoliation  
with black soap  
(45 minutes)  
15,000 CFA

Coffee scrub  
12,000 CFA

Gowé scrub  
15,000 CFA

Khalta scrub  
15,000 CFA

With relaxing algae  
15,000 CFA

Hypoallergenic wrap  
with clay  
13.000Fcfa

Exfoliating body scrub  
(15 minutes)  
13,000 CFA

With pink lake salt  
10,000 CFA

Dilké scrub  
15,000 CFA

Wraps  
(30 minutes)  
15,000 CFA

With slimming  
seaweed  
15,000 CFA

Brightening scrub  
20.000Fcfa

## COLLECTIVE CARE:

JACUZZI (30 minutes)  
5,000 CFA

HAMMAM (30 minutes)  
7,000 CFA

Package 6 entries to the JACUZZI  
26,000 CFA

Package 6 entrances to the HAMMAM  
30,000 CFA



## BEAUTY OF FEET AND HANDS

### MANICURE

<i>Manicure</i> 10,000 CFA	<i>SPA manicure</i> 15,000 CFA	<i>Simple varnish application</i> 5,000 CFA	<i>Semi-permanent varnish application</i> 10,000 CFA
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<i>Resin installation</i> 20,000 CFA	<i>Freezing pose</i> 25,000 CFA	<i>Chablon</i> 25,000 CFA	<i>Simple French manicure</i> 6,000 CFA	<i>Gel french manicure</i> 25,000 CFA
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### PEDICURE

<i>Pedicure</i> 15,000 CFA	<i>SPA pedicure</i> 25,000 CFA	<i>Paraffin treatment</i> 5,000 CFA	<i>Single varnish</i> 5,000 CFA	<i>Semi permanent polish</i> 10,000 CFA
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<i>French pedicure without gel</i> 6,000 CFA	<i>French gel pedicure</i> 20,000 CFA	<i>Filling</i> 15,000 CFA	<i>Nail repair</i> 5,000 CFA per nail	<i>Nail decoration</i> 2,500 CFA per finger
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## HAIR CARE

### BRAIDS WITHOUT ADDITION

<i>Headband</i> 9,000 CFA	<i>Medium length hair</i> 12,000 CFA	<i>Braids with addition</i> 25,000 CFA
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<i>Long hair</i> 15,000 CFA	<i>Short hair</i> 10,000 CFA	<i>Beard shaving</i> 5,000 CFA
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### SHAMPOO AND BRUSHING

<i>Short hair</i> 10,000 CFA	<i>Medium length hair</i> 12,000 CFA	<i>Long hair</i> 15,000 CFA
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### SHAMPOO AND STYLING

<i>Short hair</i> 10,000 CFA	<i>Long hair</i> 15,000 CFA
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### PERMED

*Color*  
20,000 CFA

<i>Short hair</i> 20,000 CFA	<i>Long hair</i> 25,000 CFA	<i>Hair bun</i> 20,000 CFA	<i>Men's cut</i> 8,000 CFA
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<i>Women's cut</i> 13,000 CFA	<i>Children cut</i> 5,000 CFA	<i>Haircut + brushing</i> 20,000 CFA	<i>Straightening</i> 20,000 CFA
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### WICKS

<i>Short hair</i> 20,000 CFA	<i>Nourishing care</i> 15,000 CFA
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<i>Long hair</i> 25,000 CFA	<i>Anti-hair loss treatment</i> 10,000 CFA
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**PACKAGE : LINGUÈRE**  
60,000 CFA

*Hammam*

*Wrap*

*Massage*

*Gowé scrub*

*Flash facial*

*Beauty of feet and hands*

**PACKAGE : DAMEL**  
60,000 CFA

*Hammam*

*Wrap*

*Massage*

*Beard trimming and shaving*

*Coffee scrub*

*Flash facial*

*Beauty of the feet*

**PACKAGE : IDYLLE**  
*For couples* 120,000 CFA

*Hammam*

*Jacuzzi*

*Relaxing massage*

*Beauty of the feet*

*Chocolate scrub*

*Flash facial*

*Champomy offered*

*Chocolate wrap*

**BEACH CRUISE**  
100,000 CFA

*Hammam + coconut scrub*

*Caviar facial treatment*

*Spa pedicure*

*Coconut wrap*

*Dammann tea offered*

*Monoï oil and hot stone massage*

## ZEN ATTITUDE PACKAGE

About 2 hours, on one or more appointments of your choice

Hamмам session  
30 minutes

Foot reflexology  
30 minutes

Shea butter  
massage  
25 minutes

Marine  
body scrub  
20 minutes

Relaxing face and  
scalp massage  
15 minutes

50.000 CFA

## BEAUTY AND WELL-BEING FORMULA

Over 2 days

### DAY 1

Algo-radiance  
facial treatment  
60 minutes

Massage with  
essential oils  
25 minutes

### DAY 2

Manicure, pedicure  
30 à 45 minutes

Nourishing  
hair care  
25 minutes

65.000 CFA

## WINK FROM AFRICA

About 2 hours, on one or two appointments of your choice

Hamмам + exfoliation  
with black soap  
30 minutes

Black clay wrap  
30 minutes

African mini facial  
30 minutes

Massage with baobab oil  
and shea butter  
30 minutes

60.000 CFA

## MASSAGE WITH BAOBAB OIL AND SHEA BUTTER

About 1h30

Hamмам + exfoliation with black soap  
30 minutes

Black clay body wrap  
30 minutes

Invigorating massage  
30 minutes

45.000 CFA

## BAOBAB ULTIMATE HYDRATION FORMULA

About 1h30

Scrub with Lac Rose's salt  
30 minutes

Relaxing seaweed wrap  
30 minutes

Baobab oil massage  
30 minutes

40.000 CFA

## AFRICANA BEAUTY FORMULA

About 2h00

African scrub  
30 minutes

African mini facial  
30 minutes

Traditional Senegalese massage  
60 minutes

55.000 CFA

## MASSAGE PACKAGES

Package of 5  
relaxing massages  
60.000 cfa  
25 minutes

Package of 3 plantar  
reflexology treatments  
45.000 cfa  
30 minutes

Package of 3  
slimming massages  
40.000 Fcfa  
30 minutes

## SLIMMING FORMULA About 1h30

Hamмам + exfoliation  
with black soap  
30 minutes

Slimming massage  
on localized area  
30 minutes

Slimming seaweed  
wrap  
30 minutes

45.000 CFA



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According to your desires, enjoy an à la carte relaxation and beauty experience with « Les thermes du karité »  
Take advantage of your stay to take care of yourself.

Exceptional spa treatments with facials, massages, body treatments, make-up, waxing, steam room, sauna and hair removal are offered at Palm Beach Resort & Spa. Come in and select one of our Spa packages with our best beauticians and professionals who take care of your body and your well-being in a spacious haven of peace.

