



**PALM BEACH**  
RESORT & SPA ★ ★ ★ ★

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# TECHNICAL SHEET

PALM BEACH

[www.palmbeach.sn](http://www.palmbeach.sn)



# WELCOME TO PALM BEACH RESORT & SPA

**P**alm Beach Resort & SPA invites you to dive into the heart of Senegalese Teranga, in an idyllic setting, in the heart of the seaside resort of Saly Portudal (70 km from Dakar an 30 minutes from Blaise Diagne International Airport).

With only the sea as far as the eye can see... this 4-star hotel has been completely renovated in a contemporary & Afro-chic style, offering you a bubble of well-being where comfort is combined with discreet and attentive service.

With its magnificent rehabilitated sandy beach, its wooded and flowery gardens, the hotel offers 250 air-conditioned rooms including 18 suites with a magnificent view of the Atlantic Ocean.

We offer comfortably furnished and spacious rooms, all well equipped as standard. At your disposal, a special business floor, better equipped and offering everything you need for your business trip. Guests are invited to enjoy evening meals in the relaxing surroundings of the hotel



## WHERE IS PALM BEACH LOCATED ?



Palm Beach is located in the heart of Saly Portudal, a seaside resort located 80km south of the capital Dakar and 6km from the city center of Mbour, a fishing village, ideally located on the small coast, it is bordered by a large beach of fine sand.

Everyone needs a place to lay their weary head. For travelers visiting Mbour, Palm Beach is an excellent choice to rest and rejuvenate. Renowned for its charming setting and its proximity to great restaurants, Palm Beach allows you to take full advantage of the best Mbour has to offer.



# FEATURES |

A 4-star family-friendly oceanfront resort, adjacent golf course, nightclub, and poolside bar are just a few of the amenities offered at Palm Beach. With a private beach, beachfront restaurant and umbrellas, this resort is the perfect place to soak up the sun.

Treat yourself to a manicure/pedicure, facial and body scrub at Thermes Du Karite, the on-site spa. Savor international cuisine and more at the two on-site restaurants. Enjoy the gym, as well as activities like water skiing, volleyball and horse riding. In addition to a terrace and on-site shops, guests can connect to free WiFi.

You will also enjoy benefits such as: a children's pool with lounge chairs, free self-parking and valet parking, bicycle rental, 2 outdoor tennis courts and a local shuttle, television in the lobby, on-site tennis lessons and a computer station.

Room features include: All Palm Beach rooms include comforts such as premium bedding and air conditioning, as well as amenities such as free Wi-Fi and safes.

Additional amenities in all rooms include: free cribs, Tempur-Pedic beds, free bathrooms and toiletries, 40-inch flat-screen TVs with satellite channels, mini bar, housekeeping daily and offices.

## 4-STAR HOTEL



## CREATION DATE AND RENOVATIONS

**1 9 8 6**  
**2 0 0 0**  
**2 0 1 0**  
**2 0 2 1**

## OPENING DATES



## NUMBER OF FLOORS

**3**  
OR  
**4**

(2 BUILDINGS)

## NUMBER OF ELEVATORS

**2**

## FORMULAS

Room and breakfast

Half pension

Full board

All inclusive

## SPOKEN LANGUAGES



# TYPES OF ROOMS



## 520

BEDS

## 250

BEDROOMS

## 220

VOLTS

At the Palm Beach hotel you can enjoy our luxurious and comfortable rooms, bathed in a peaceful atmosphere, by the sea.

Whatever your choice, you can enjoy a view of our palm gardens or the Atlantic Ocean. All our rooms have been recently renovated and offer you peace, security and comfort.

**Bathroom and separate WC**

**Individual air conditioning**

**Television**

**Direct line telephone**

**Mini Bar**

	Standard Room	Senior Suite	Suite with Terrace	Bridal Suite	Junior Suite	Superior Rooms	Apartment	Disability Suite
<b>Number of bedrooms</b>	<b>228</b>	<b>2</b>	<b>2</b>	<b>3</b>	<b>6</b>	<b>5</b>	<b>3</b>	<b>1</b>
<b>Big bed</b>	<b>135</b>	-	<b>2</b>	<b>2</b>	<b>3</b>	<b>6</b>	<b>2</b>	<b>3</b>
<b>Twin</b>	-	<b>93</b>	-	-	-	<b>3</b>	-	-
<b>Terrace</b>	no	no	yes	yes	no	no	yes	no
<b>Balcony</b>	yes	no	yes	yes	yes	yes	yes	no
<b>Living room</b>	no	no	yes	yes	yes	yes	no	yes
<b>Sea and garden view</b>	<b>145</b>	yes	yes	yes	yes	yes	yes	yes
<b>Seaview</b>	<b>38</b>	yes	yes	-	-	-	yes	yes
<b>Garden view</b>	<b>64</b>	yes	yes	-	-	-	yes	yes
<b>Possibility of extra bed</b>	yes	yes	yes	yes	yes	yes	yes	yes
<b>Minibar</b>	yes	yes	yes	yes	yes	yes	yes	yes
<b>Individual safe</b>	yes	yes	yes	yes	yes	yes	yes	yes

# RESTAURANT |

Treat yourself in our restaurants with local and international flavors, have a coffee at the bar or a drink in the disco. Whether you are in your room, at the swimming pool or in the restaurant, the service is at your disposal.



## MAIN RESTAURANT

Buffet breakfast, lunch and dinner (show-cooking and drink service at the table).

## RESTAURANT «LA PAILLOTE»

On the edge of the beach, seafood specialties with a Senegalese touch.

Lunch and dinner à la carte (reservation the day before, minimum 10 pax for opening).

## BREAKFAST

- **Belated at the pool bar** (continental)

- **In your room** (possibility with supplement)

## TO TASTE

Pancakes and ice cream from 4 p.m. to 5 p.m.

## CENTRAL BAR

Piano Bar some evenings

## POOL BAR

Games, entertainment, shows and cultural events

## BEACH BAR

Open during restaurant hours

## NIGHTCLUB

In All inclusive until 02:00

# SERVICES |

Relax and have peace of mind, the Palm Beach staff takes care of you throughout your stay. From reception to entertainment, our service is always ready to ensure your satisfaction within the hotel and your journey.

## FREE WIFI

Access available in common areas, suites, rooms, bars, swimming pools.

## FREE & ANIMATED CHILDREN'S CLUB

During the school holidays :

- **Mini club** : for the 4 to 12 year olds

## INFIRMARY

7 days out of 7

CARD ROOM

CHANGE AT RECEPTION

CUSTOMER RELATIONS OFFICE

EXCURSION OFFICE

LAUNDRY

CRAFT SHOP

PRIVATE PARKING

ANIMATED BOX

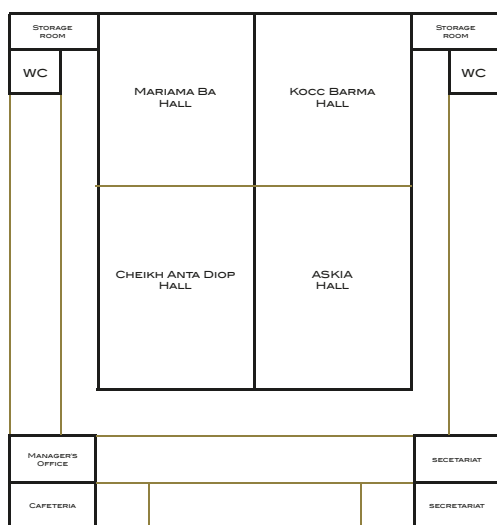


# MICE

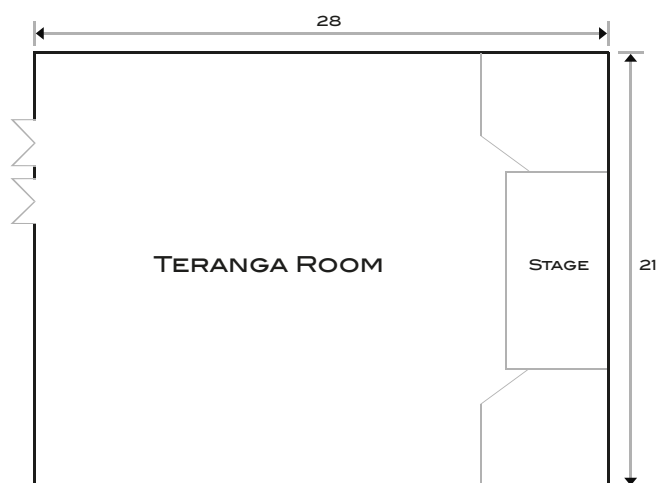
SEMINARS, INCENTIVES  
CONFERENCES &  
CONGRESSES

Spacious rooms are ready to host your happy events and your conferences.  
Palm Beach helps you design unforgettable experiences

## CONFERENCE ROOM COURA KA



## PLENARY ROOM



A CONFERENCE CENTER AND  
4 SUB-COMMITTEE ROOMS  
ARE ADDED TO THE PLENARY  
ROOM TO MEET YOUR NEEDS.

Palm Beach always offers gracious hospitality for unforgettable business meetings and corporate events, weddings, anniversaries and cocktail parties.  
Our teams will be happy to help you design a successful and memorable experience that will leave an impression on your guests.

	Plenary room (TERANGA)	Askia / Cheikh Anta	Kocq Barma / Mariama Bâ
Surface (in square meter)	588	2 x 285 m <sup>2</sup>	2 x 142,5 m <sup>2</sup>
Dimension (in meter)	28 x 21	26,68 x 21,36	14 x 10,13
Ceiling height (in meter)	8	4	4
Theater	500	220	100
Class	250	150	75
U	100	100	50
Banquet	500	- -	- -
Cocktail	650	120 outdoor	120 outdoor

# SPORTS

## ANIMATIONS & ENTERTAINMENT

Take part in the games and leisure activities prepared by our team or practice sport at your own pace. You can have fun at the beach, at the pool or in our various facilities. Our entertainment team offers many activities for your children during the school holidays and prepares them experiences full of good humor.

We have 2 lighted tennis courts, 1 of which is multipurpose (synthetic surface), 4 pétanque courts, water aerobics, table tennis, fitness room, 18-hole golf course nearby (paying).

Nautical base on the beach: windsurfing, sea kayaking, catamarans.

Office for cultural and adventure excursions (Quad biking, Jet Skiing, horse riding, etc.), sea fishing (paying).

### ANIMATION TEAM *Franco-Senegalese*

Weekly program with sports, a lot of activities, games, tournaments, folk entertainment and shows.

### 1 NAUTICAL BASE *non-motorized with monitors*

- Catamarans
- Canoe Kayak
- Windsurfing

#### With Supplement:

- **Present on the site** : Jet-ski base, deep-sea fishing and longline fishing in a canoe.

- **Near** : 18-hole golf course with driving range, horse riding, horse-drawn carriage rides, quad or buggy rides, bicycle and scooter rental.

- **From the hotel** : Multiple excursions

### 2 SWIMMING POOLS *outdoor*

- 1 large overflow
- 1 cascading
- Small and large pool in both pools.

### 2 TENNIS COURTS

Synthetic surface, possibility of loaning equipment, monitors and night lighting.

### 3 PING PONG TABLES

### 1 BEACH VOLLEYBALL COURT

### 4 PETANQUE COURTS

### 1 WEIGHTS AND FITNESS ROOM *with monitor*





# SPA

« LES THERMES DU KARITÉ »

Discover the intimate and warm universe of our spa, for a unique experience of care, well-being and letting go.

Depending on your needs, enjoy an à la carte relaxation and beauty experience: massages with essential oils, scrubs, shea butter wraps, hammam and jacuzzi.

Located within the hotel, near the SPA, the Palms Beauty hair salon offers a refined atmosphere for a complete makeover: cut, colour. Take advantage of your stay to take care of yourself.

1 JACUZZI

2 SAUNAS

1 EXFOLIATION CABIN

2 HAMMAM

3 MASSAGE CABINS  
*individual or duo (1 outdoors)*

2 BEAUTY CABINS  
*for body care*

1 «DECK» OF RELAXATION  
*with view on the sea*

1 HAIR SALON  
*with manicure and pedicure*



*A la carte treatments, formulas, packages and cures of 2 to 4 days*



# PRESTATIONS ANNEXES

## AVEC SUPPLÉMENT

### APERITIFS, COCKTAILS OR COCKTAIL DINNERS

#### - Privatized

- **Served** in the place of your choice depending on the number of participants, your preferences or the season: in the hotel gardens, around the waterfall pool, at the restaurant "La Paillote" or on the beach.

- **Adaptable** to all budgets and all specific requests.

### SPECIAL DINNERS

#### - Privatized

- **Themed** (lobster, barbecue, fisherman)

- **Served** in the place of your choice depending on the number of participants, your preferences or the season: around the waterfall pool, at the restaurant "La Paillote" or on the beach

- **Adaptable** to all budgets and all specific requests.

### FAX AND PHOTOCOPIER: INDIVIDUALLY, ON REQUEST AT RECEPTION

### MUSICAL AND ARTISTIC PERFORMANCES

(During the aperitif, the cocktail, during the meal or in a big show)

- **Orchestra** of national and/or international variety (4, 6 or 12 artists)  
*Maximum duration: 03 hours*

- **Salsa group** (5 - 6 artists)  
*Maximum duration: 03 hours*

- **Piano-Bar** : Jazz-Blues, African or international variety (2 - 3 musicians)  
*Maximum duration: 01 hour and a half*

- **Senegalese folklore** (15, 30 or 80 artists)  
*Maximum duration : 45 minutes or 01 hour*

- Professional DJ

### MATERIEL AVAILABLE

- **6 wireless microphones**
- **2 lavalier microphones**
- **8 speakers or baffles**
- **5 video projectors**
- **3 projector screens**
- **2 mixer desks**





# TEAM BUILDING

INCREASE YOUR COMPANY'S TEAM SPIRIT AND  
WELL-BEING WITH PALM BEACH HOTEL

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Are you looking to unite your team and create an atmosphere of caring and motivation? The Palm Beach Hotel is the perfect place for you.

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You can organize team-building events and business trips that will delight and energize your team members. With our long-time partner, the incoming agency Senegal Découvertes Touristiques, the Palm Beach offers a variety of team building activities that will entertain and encourage your team members, whether it's water polo, treasure hunt or sack race.

Moreover, with its additional services such as the spa, the tennis courts and the gym, the Palm Beach allows you to relax and have fun while benefiting from a high level of service.





## TEAM BUILDING ACTIITIES :

- 15 minutes of muscle awakening to start.
- Team name and choreographed battle cry.
- Tug of war.
- Stuffed relay.
- The flag.
- Siamese race.
- Relay bottles.
- Crazy foot (slalom racing game to touch a ball between 2 teams face to face).
- Bartender relay.
- Blindfolded minefield crossing (beach game).
- Sand castle competition.
- Water polo.
- Scrabble polo in swimming pool.
- Relay dressed at the swimming pool.
- Simple swimming.
- Swimming and bursting balloons attached to a rope that crosses the pool with toothpicks in your mouth, it's a relay.
- Throwing balloons filled with water.
- Sports (football, basketball, etc.)
- Board games (belote, scrabble duplicate in 10 moves, checkerboards, awalé or wouré)

## FUN ACTIVITIES :

- Wrestling, funana, dance, tassou competitions, juggling.

## A wonderful and inspiring experience

For those looking for thrills, you can always call on approved service providers via Senegal Découvertes Touristiques to practice adventurous activities such as quad biking, buggy or jet-skiing. Plan your next event or business trip to Palm Beach for a wonderful and inspiring experience! You and your team will be delighted with the services and entertainment the Palm Beach has to offer, as well as the caring and stimulating environment that will encourage the well-being and team spirit of your employees.





**PALM BEACH**

RESORT & SPA



**VISITING SENEGAL  
HAS NEVER BEEN SO  
EXCITING!**

Palm Beach is a 4-star hotel completely renovated in a contemporary & Afro-chic style, offering you a bubble of well-being where comfort is combined with discreet and attentive service.

## Contact



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